

## University Transfer – Pre-Nutrition 2025-2026

### Nutrition

To become a Registered Dietician, students must complete the degree, a professional internship, and the Canadian Dietetic Registration Examination. See the Dietitians of Canada website for more details: <https://www.dietitians.ca/>

### University of Saskatchewan (USask) Nutrition Degree

Email: [pharmacy-nutrition@usask.ca](mailto:pharmacy-nutrition@usask.ca)

Or visit the website at: <https://pharmacy-nutrition.usask.ca/>

Students take one year of pre-nutrition and then apply to the four-year program which includes the professional experience internship. Applicants must have a **minimum average of 70%** to be considered for admission. Acceptance into the B.Sc. (Nutr.) program is based on the calculated post-secondary *Academic Record* (60% of admission decision), a *Test of Critical Skills* (30%) and the *Personal Video Interview* (10%). Currently, up to 28 students are admitted; up to 4 may be non-residents of Saskatchewan (including both out-of-province and international students). Up to 15% of the Saskatchewan seats are reserved for Saskatchewan Indigenous students who self-declare and complete verification of Indigenous membership/citizenship (see specific information on their website). One Saskatchewan student may be admitted under special circumstances or for compassionate reasons. Applicants applying for admission under special circumstances or compassionate reasons must provide appropriate documentation by January 15 for review and these applicants are considered on a case-by-case basis. This position may not be filled every year.

**New** Residency effective May 2024 -Individuals who have lived and worked full-time in Saskatchewan for at least 12 consecutive months prior to the admission deadline without being a full-time student. To qualify, you must pay income taxes in Saskatchewan and have a Saskatchewan health card for the year prior to the admission deadline. You cannot qualify for residency by attending school if your home is elsewhere. Applicants from border communities (e.g., Lloydminster, AB or Flin Flon, MB) are considered Saskatchewan residents for the purpose of their admission application to Pharmacy or Nutrition

### New Conditional Acceptance

For fall 2026 admission - effective May 1, 2025

- Application goes live in early September
- Application deadline: January 15
- Preliminary transcript(s) due February 1
- Casper test dates are scheduled between July and January
- Personal video interview invitations sent out in late January
  - Deadline for completing the personal video interview: February 15
- Conditional offers sent out end of April
- Final transcript deadline: June 1
  - Offers will be confirmed once a decision is made by the Admissions Committee in early June.
  - Candidates accepting a final offer of admission will be required to submit a tuition deposit to secure their spot in the program.

The required pre-nutrition courses are:

- 6 credits in General Biology (BIOL 107/108)
- 3 credits in General Chemistry (CHEM 101)
- 3 credits in Organic Chemistry (CHEM 161<sup>1</sup>)
- 6 credits in English (ENGL 112)
- 6 credits in Psychology or Sociology (PSYCO 104 and 105 OR SOC 100 and SOC 102)
- 6 credits in Electives

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### Year One Course Options

Semester 1	Courses	Semester 2	Courses
ENGL 112		ENGL 112	
BIOL 108		BIOL 107	
CHEM 101		CHEM 161	
PSYCO 104 or SOC 100		PSYCO 105 or SOC 102	
Elective <sup>3</sup>		Elective <sup>3</sup>	

<sup>1</sup> In order to get credit for CHEM 250.3 at USask, both CHEM 161 and 263 need to be taken, otherwise, it transfers as unspecified credit. Some back-up plans will require the specified credit.

<sup>2</sup> The pre-requisite for CHEM 161 is CHEM 30, so students who are strong in Chemistry have the option to take the course in first year. However, we normally recommend that students complete CHEM 101 in their first year and take CHEM 161 in their second year, making students ineligible for admission to Nutrition until after Year Two.

<sup>3</sup> Electives may be determined by the “back-up” plan. Another course that could be taken is NUTR 110 which is one of the year one requirements.

### University of Alberta (U of A) BSc Nutrition and Food Science, Dietetics Specialization

Email: [questions.ales@ualberta.ca](mailto:questions.ales@ualberta.ca)

Or visit the website at: <https://www.ualberta.ca/agriculture-life-environment-sciences/programs/undergraduate-programs/degree-programs/nutrition-food-science/dietetics-specialization.html> or [uab.ca/transfer](http://uab.ca/transfer)

Students take one year of pre-nutrition and then apply to the four-year program, including the professional experience internship. All applicants must present with a minimum AGPA of 3.0 and a demonstrated ability to perform well in a consecutive Fall/Winter session of full-time study (preferably 30 units of course weight). Admission is based upon the post-secondary academic record and an interview. There are up to 15 of 50 positions available to competitive out-of-province applicants/residents.

### Year One Course Options

Semester 1	Courses	Semester 2	Courses
ENGL 112		ENGL 112	
CHEM 101		CHEM 102	
BIOL 107		CHEM 161	
NUTR 110 or STAT 151		NUTR 110 or STAT 151	
Elective		Elective	

<sup>1</sup> The pre-requisite for CHEM 161 is CHEM 30, so students who are strong in Chemistry have the option to take the course in first year. However, we normally recommend that students complete CHEM 101 in their first year and take CHEM 161 in their second year, making students ineligible for admission to Nutrition until after Year Two.

### Roles and Responsibilities

The college experience works best when we communicate and work together. Here are some tips on how to do that:

Academic Advising is a partnership and shared responsibility between students and advisors. Academic Advisors at Lakeland College provide information and resources that help students make informed decisions about their course selection and transfer options. However, students are ultimately responsible for ensuring that their course registration is complete and appropriate for their desired program of study and that they meet individual course pre-requisites and graduation requirements. Students who change their routes should be aware that there may not be room in the new program for all previously completed courses.

Students intending to transfer to another post-secondary institution should be aware of the following:

- Admission to Lakeland College and completion of courses does not guarantee admission to programs at other institutions. Students must also meet the entrance requirements of the post-secondary institution which may include specific high school pre-requisites, as well as minimum and/or competitive GPAs.

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- Students must also follow the admission procedures of the receiving institution which includes submission of transcripts (high school, post-secondary, and Advanced Placement marks); adherence to deadlines; and payment of fees.
- There may be quotas on the number of students admitted to the program at the receiving institution. For example, some programs may admit a limited number of out-of-province or international students.
- Some receiving institutions specify a minimum grade for transfer credit.
- Courses may be “too old” to transfer as—depending upon the area—they may have a “shelf life” (a time limit on the granting of transfer credit).
- When applying to a post-secondary institution, students need to carefully read and follow all information supplied by that institution. All students are strongly advised to refer to the Academic Calendar of the receiving institution and should contact appropriate departments regarding specific requirements.

If students encounter problems with transferring, they are encouraged to bring all documentation and contact names from the receiving institution to the Lakeland College Registrar or Academic Advisor for review.